



CONSULTING | WOMEN

Next Level Leadership: Strengthen your unique leadership skills

Right now, in these uncertain and challenging times, who knows what the next normal will look like? What we know from our work with many of you is that most of our days are being spent on-line, and working effectively requires an enhanced awareness of:

- **your** unique **Strengths** and how they can support you to work in new ways
- how you can remain **Resilient** by renewing yourself
- how to hold your **Executive Presence**, on and offline
- how you **Grow and Flourish your key Networks** and
- how to contribute to **Teams** whilst you are all working in a mixture of home and office environments.

*Virtual meetings require a renewed focus on your **STRENGTHS** and a need to:*





CONSULTING | WOMEN

Next Level Leadership: Strengthen your unique leadership skills

If you have found the year thus far to be demanding then join us, and a maximum of 5 other like-minded women, for one, some, or all of our next series of one day leadership webinars.

Each one day webinar is stand alone, however when taken together*, they give you a comprehensive set of leadership skills in these unusual and ever-changing times.

Our key design principles ensure success:

- ✓ Maximum 6 women at each webinar with 2 experienced facilitators
- ✓ Pre workshop 1:1 phone call with either Gill or Moira to create a strong connection to what you, uniquely, wish to learn and to refresh or discover your strengths
- ✓ Small group work allowing each participant to focus on their individual challenge/question
- ✓ Agreed boundaries of confidentiality

Key aspects of each one day webinar are:

Boosting Resilience: each one of us has a unique response to external and internal pressures. You will learn and explore, through your strengths, your own responses, and ways to recharge and renew yourself. Importantly you will become more aware of how others respond differently to pressure and be better equipped to spot stresses in your team and beyond, and to support others to find their ways to recharge.

Holding Executive Presence: we need to bring our powerful selves in ways that have impact and others can 'receive'. By exploring our experience and understanding of presence, we can strengthen this quality in ourselves and each other. Holding our Presence when many meetings are now run via Zoom



CONSULTING | WOMEN

Next Level Leadership: Strengthen your unique leadership skills

or Teams is a new challenge and we will explore and receive helpful feedback on how others experience your presence in those situations.

Grow and flourish through your Networks: if there was ever a time when keeping our formal and informal networks vibrant was key, it is NOW. Doing this when you are working from home, over zoom/teams, or socially distanced in the office is a new skill that you need to explore and learn how to do YOUR unique way.

Deepen Team skills: as leaders, we need to create, or contribute to, multiple successful teams. This requires us purposefully to listen and communicate through the lens of our strengths. Listening to others' perspectives, we can recognise their strengths, and learn how to match and make the most of their thinking and listening styles. During this webinar you will also be introduced to tools for "reading" team dynamics and practice using new ways of contributing to successful teams, especially socially distanced teams.

If you would like to know more about these webinars and or to reserve your place on one or more, contact us at: info@consultingwomen.co.uk

How would you describe your experience to someone else?

Magic! The right women, both leading and participating seem to come together – there are always synergies with the people that seem to gather, even if at radically different stages of their career. Everyone brings vulnerability and a willingness to go deep, to share their own experience and be met with kindness and understanding about everything they bring into the group. Gill and Moira set the pace and offer their own experience and wisdom which are shared generously.

Participant one day workshop on Resilience

**Each webinar is charged individually. However, discounts will apply if 3 or more are taken, where applicable we also offer public sector and private payer rates by negotiation.*



CONSULTING | WOMEN

Next Level Leadership: Strengthen your unique leadership skills

You can learn more about Consulting Women, our Next Level programme, our coaching and mentoring services and Gill and Moira your facilitators, by visiting our website.

Consulting Women are **experienced business leaders** committed to providing inspirational results for their clients through in-house team development, open programmes, coaching and mentoring. **Innovative** in finding ways to support each person and organisation in the achievement of their unique Next Level, we **surface and release the talent** of each participant. At the heart of our work lies the belief that we thrive when we acknowledge our unique strengths and find ways to bring them effectively into our own and others' lives.

Our Next Level programmes have been running successfully for the past 15+ years. In addition we have designed and delivered strengths based leadership programmes for several Institutions (Accountancy and Engineering), helping them to provide their clients with our unique approaches to leadership development. As coaches and mentors and through our open and these client-sponsored programmes we have worked successfully with many hundreds of women at all levels of their career and leadership.



Gill Avery



Moira Siddons